The world's largest global newspaper
metro®
OTTAWA • MONDAY, JULY 14, 2008
metronews.ca

TEACH ENGLISH OVERSEAS
FREE Teach Abroad Seminar July 15th @ 7pm
Next TESOL Course:
July 22nd - 27th 2008
United TESOL International College of Teacher Training 562-8370 41 York St.

That's a wrap, folks!

Disco queen Summer caps massive 15th annual Bluesfest

TRACEY TONG
tracey.tong@metronews.ca

As much as she loved Bluesfest, Stacy Vine had to admit yesterday that she's "kinda glad it's over until next year."

"I went to a lot of shows," said the Toronto resident.

She arrived in Ottawa last week, just in time to see Fergie play the Bank of America stage. She discovered "a new favourite," in Jully Black and was reminded of all the reasons why she loves Great Big Sea when she watched the Newfoundland favourites play on Friday night.

Now she's spent. And festival organizers can sympathize.

"People who bought wristbands and are there most days must be exhausted," said Ottawa Bluesfest spokesman Joe Reilly. "It's like a music marathon."

With an estimated 300,000 attendees over 11 days for 220-plus acts, the 15th annual festival, which wrapped last night on a performance by disco music queen Donna Summer, was a huge success, said Bluesfest executive director Mark Monahan.

ETIENNE RANGER/FOR METRO OTTAWA

A sultry performance last night by disco-era queen Donna Summer — who is back on top with her recent hit I'm A Fire — capped 11 days of marquee musical acts on the main stage and brought to a close the 2008 edition of the Cisco Ottawa Bluesfest.

"There were great shows all week," said Monahan, who personally enjoyed Akon and Wyclef Jean ("just brilliant!" he enthused).

"Great Big Sea was a big night. So were The Hip, James Taylor and The Black Crowes. There were a lot of great nights."

Even the weather remained fair all week, he said. "I'm extremely happy. We've had some very positive feedback from the public, the performers and the sponsors."

Although he knows most people come to see a particular show, Reilly hopes festivalgoers sampled as many other acts as possible, because future stars are born at Bluesfest.

"It's at a level right now where you have artists playing on four stages at once and every stage could be a headliner at another festival," he said.

MORE BLUESFEST COVERAGE, PAGES 2, 4

'Historic day for the people of Nova Scotia'

Province gets $867 million as part of Crown share deal with federal government

ROBYN YOUNG
robyn.young@metronews.ca

It was a good day for Nova Scotians yesterday.

Rumours leaked about an estimated $850 million in Crown share adjustment payments to the province were confirmed.

Premier Rodney MacDonald and Nova Scotia MP Peter MacKay announced the long-awaited Crown share panel results on the Halifax waterfront to cheers and standing ovations and MacKay said the value of the payments will be even more than expected: $867 million.

About 150 people including provincial MLAs, reporters and other officials crowded Bishop's Landing Wharf on Lower Water Street in downtown Halifax to hear the news.

"This is what's known in Nova Scotia as a large day."
MP Peter MacKay

"This is a historic day for the people of Nova Scotia," MacDonald said.

He told the crowd that 92 per cent of the money will go toward the province's $12.4 billion debt, while the remainder will be invested in trust accounts.

The province will initially receive $234.4 million in payments up to March 31, 2008.

And a panel of three people with former provincial chief justice Lorne Clark at the helm recommended the province receives an additional $633 million over the next 15 years.

"This is what's known in Nova Scotia as a large day," said MacKay.

Ottawa page 2

Man accused of killing cat in 'horrifying' case

Going Green page 10

Excessive algae hampering Olympic efforts

Workology page 11

Need for nurses expected to rise dramatically

Celeb buzz page 14

Twins are born

Free Daily News Group Inc., operating as Metro Ottawa 130 Slater Street, Suite 300, Ottawa, Ontario K1P 6E2. Publisher C. Dave Kruse

Graffiti depicting swastikas and slogans that included the phrase "white power" were discovered spray-painted on roads, pathways and vehicles in the Bridlewood area of Kanata on the weekend, sparking an investigation by Ottawa Police's hate crime unit. **SOURCE: OTTAWA POLICE**

Ottawa

Prostitution sweep

As a result of a recent prostitution sweep in Vanier and Centretown, 24 people have been arrested and 14 of those qualify to undergo a pre-charge diversion program, or "John School." Four women were also charged with prostitution. SOURCE: OTTAWA POLICE

Trend disturbs humane society

City man accused of killing one cat, tossing another off balcony

TRACEY TONG
tracey.tong@metronews.ca

A case that the local humane society calls "horrifying" will land in a city court today after the arrest on the weekend of a man accused of beating a cat to death and tossing another from an apartment balcony.

After a show cause hearing yesterday, Richard Holstein, 24, will appear back in Ottawa court at 1:30 p.m. today by video, said Detective Anne Menard of the Ottawa Police Partner Assault Section. He had been arrested on Saturday evening.

Holstein is accused of breaking into his ex-girlfriend's Sandy Hill apartment on Wednesday and throwing one of her cats off a third-floor balcony and beating a second cat to death. The cat thrown from the balcony, which was missing for several days, was later found and returned to its owner.

"This is a horrifying case," said Miriam Smith, manager of Emergency Animal Protection Services. "Unfortunately, this type of case seems to be on the rise. The Ottawa Humane Society has seen an extremely disturbing trend in increasing cases of abuse toward animals over the past few years."

Holstein was arrested without incident at Ottawa's South Keys transit station. A tip from a transit user led police to him.

He was wanted for unlawfully entering a dwelling, two counts of causing unnecessary suffering to animals, injuring an animal, mischief, theft under $5,000 and breach of probation.

increase in animal abuse

In March, a 19-year-old Ottawa man was charged after he admitted to tossing a cat out of a second-storey window. The cat bounced off the building's fire escape before hitting the ground, suffering a broken leg.

Last August, a 68-year-old man and his 31-year-old daughter were charged with animal cruelty after they allegedly tossed a five-week-old kitten from a moving vehicle.

Cleanup a snap at green Bluesfest

TRACEY TONG
tracey.tong@metronews.ca

PLANET FRIENDLY They wanted to leave a footprint in music lovers' memories, not on the planet.

So when cleanup for Bluesfest 2008 starts today following an event that attracted an estimated 300,000 visitors to a small site, the load taken to the landfill will be far less than it could have been.

A two-time winner of a Recycling Council of Ontario award, Bluesfest was green again this year.

"The big thing this year was recycling," said Bluesfest executive director Mark Monahan. "We tried to make sure everything sold on-site was recyclable or compostable. We were working with vendors ahead of time to make sure everything they were serving was in a recyclable bottle or in a can — something that wouldn't end up in the garbage."

A hit at last year's event, organizers brought back compostable beer cups made from corn. Of the more than 200,000 cups that were used, all will be disposed of to biodegrade naturally, without harming the environment. The compost will be sent to an area composting facility, said Monahan.

And the festival's comprehensive recycling program saw volunteers recruited for a 'Green Team' that informed patrons how to best participate in those initiatives.

Other green efforts included encouraging concertgoers to cycle to LeBreton Flats by providing a secure bike parking area nearby, and partnering with Rothsay for biodiesel fuel to power the festival's on-site generators.

Youth heading to online safety forum

INTERNATIONAL Twenty young Canadians are in Ottawa to prepare to join nearly 200 peers in England for an international congress on online safety next week.

The International Youth Advisory Congress on Online Safety and Security in London is to provide young people from Australia, Canada, the European Union, and the United States a platform to voice concerns about safety on the Internet. Industry representatives and law enforcement agencies will also take part in the event, which runs July 17-21.

"Youth may be at risk of someone luring them on the pretext of being a friend, wanting to meet, to situations of cyber bullying," said Staff Sgt. Rick Greenwood of the National Child Exploitation Coordination Centre.

The key to the congress is that tech-savvy young people will be regarded as the experts.

The youth at the conference will put together guidelines for the United Nations' Children and Young People's Global Online Charter. CTVOTTAWA.CA

JamClinic Grab at the Bluesfest spotlight

ETIENNE RANGER/FOR METRO OTTAWA

First-time stage performers Nick Turenne 16, and drummer Mitchell McCullogh, from the band Rubber Radio, play at Ottawa Bluesfest yesterday as part of the JamClinic — a week-long intensive course preparing musicians for a career in the music industry, held as part of the festival.

Olympic anniversary draws city protesters to embassy

TRACEY TONG
tracey.tong@metronews.ca

Under normal circumstances, Michael Bossin would be excited for the upcoming summer Olympic Games.

But the ongoing human rights situation in China has turned anticipation to disappointment, said the Amnesty International member.

"I had hoped the Olympics in China would improve the situation of human rights in the country, but by all accounts, things are worse. It was a great opportunity for China to show its best side, but sadly, I think the opportunity has been lost."

Dozens of Amnesty supporters protested at Ottawa's Chinese Embassy yesterday to mark the seven-year anniversary of Beijing winning the 2008 Olympic Games.

"We want to … remind the Chinese government of their promise to improve human rights if they got the Olympics," said Lindsay Mossman, with Amnesty in Ottawa.

There were 6,000 executions in China last year, claimed Ian Heide, a volunteer with Amnesty in Ottawa.

Human rights advocates also protest the lack of fair trials, media censorship and the repression of activists, who are often detained for speaking out for human rights.

"They can put a moratorium on executions or free all prisoners of conscience. That would be a big step," said Heide.

TRAVEY TONG/METRO OTTAWA

Amnesty International supporter Lindsay Mossman protests near the Chinese embassy yesterday.

HOPE Volleyball Summerfest
About 1,300 volunteers helped co-ordinate the HOPE Volleyball Summerfest event that attracted 10,000 players and 20,000 spectators Saturday to Mooney's Bay. For images from this year's event, see Metro's Capital Weekend page. METRO

Queued-up buses hide route numbers

Reader says it's 'impossible' to distinguish your bus because they line up so closely

OnTrack

Nadine Doolittle
nadine.doolittle@metronews.ca

Streamlining the system for maximum efficiency, to move as many people as possible in as short a time as possible, is the goal of OC Transpo.

And according to On Track reader Robert Long, for the most part, they get it right.

"Overall, I think we have a world-class transit system here in Ottawa," he writes.

However, he has a beef with one measure he's noticed that's intended to keep buses moving through the downtown core.

Buses are stopping only once for boarding at each platform site. And there is one, teeny, tiny problem with that, which we will get to momentarily.

To set the stage, picture seven buses that pull up to the Albert and Slater platform to board passengers where they are in the queue.

For passengers needing the bus furthest away, they must walk down the platform to board rather than waiting for their bus to pull up to the flag. No biggie, right? It seems a sensible practice to get buses in and out of the downtown core faster, which is good for everyone.

But now for that teeny, tiny problem that was mentioned.

As Long reports, "It is just simply impossible to tell if it's finally your bus that has joined the red-and-white queue. You can't read their numbers because they are so darn close together!"

If passengers miss reading the front of their bus as it pulls up behind another bus, they're forced to scramble along the crowded platform, trying to catch a glimpse of their bus number before it pulls away.

Long is willing to meet the bus where it stops along the platform to speed things up, if he could only figure out where it was in time.

There are no second chances.

"I don't know how many times I've been left in diesel fumes and dust frantically waving at my bus as it zooms past," writes Long.

Passengers with walkers, canes or other visual cues that they require assistance to board are picked up at the flag.

But if I see there is no reason for the driver to stop a second time, should I jog along the platform and track my bus down before it pulls away? Whether this is a mandated policy of OC Transpo's or a practice that has evolved over time to keep the system moving, I wasn't able to confirm by press time.

"Overall, I think we have a world-class transit system in Ottawa."
On Track reader Robert Long

Riders, any thoughts?

Nadine Doolittle is an award-winning writer and a public transit user for the past 35 years.

CARDIO KICKBOXING
BOOT CAMP For Adults
12 week program starting now. Register in person or call today!
Do It For You
"AWESOME WORKOUT, IT'S FUN AND MOTIVATING."
-Vanessa Blair (member 5 years) Cardio Kickboxing
613-234-5000 www.douvris.com
DOUVRIS
Bank St. location only
Martial Arts & Fitness Centers
MARTIAL ARTS

Stop Overpaying For Long Distance
No Matter Where You Call • No Matter What You Pay
Comwave Will Beat It... Guaranteed!
Afghanistan ..... 24.9 ¢ Egypt ..... 12.9¢ Pakistan ..... 5.9¢
Bangladesh ..... 3.9 ¢ Guyana ..... 24.9¢ Philippines ..... 11.9¢
Cuba ..... 85 ¢ India ..... 6.9¢ Saudi Arabia ..... 3.9¢
Ecuador ..... 12.9 ¢ Nepal ..... 24.9¢ Sri Lanka ..... 11.9¢
Even if you are paying less, call us and we'll beat it... GUARANTEED!
CALL NOW AND GET $25 FREE Long Distance To Anywhere In The World
Fully Featured Home Phone Lines
2 Great Plans
Phone Enhanced $14.95 /month
Unlimited Local Calling
Caller ID
Voicemail
Call Forwarding
Call Waiting
Keep Your Existing Phone Number
Free iPhone to iPhone calls WORLDWIDE!
And Much More!
Phone One Rate $29.95 /month
Unlimited Long Distance to Canada and USA
Call Long Distance From Any Cell Phone!
Keep Your Existing Cell Phone Plan
Direct, "No Pin" Dialing
No Contracts
Unlimited Calling To Anywhere In Canada
You can even call from your cell phone!
$5 /month
Call Now And Get One Month Of Phone Service FREE
comwave
613-216-6100
www.comwave.ca

A Capital Weekend is a collection of images reflecting the weekend that was in Ottawa-Gatineau.

A Capital Weekend

Sunshine and the blues

HOPE Volleyball and hot acts at Bluesfest make for a major summer weekend in the capital

A Capital **Weekend**

Etienne Ranger Photos/for Metro Ottawa

Mooney's Bay Beach was invaded by smiles and sunburns for the weekend's 86-court HOPE Volleyball Summerfest charity tournament event.

Kim Hutchings, 23, of the team Some Spike It Hot was one of thousands of volleyballers at Mooney's Bay Saturday to have fun and raise funds for charity during the HOPE Volleyball Summerfest.

Great Big Sea front man Alan Doyle is all smiles as he receives a warm weekend welcome from the crowd at Ottawa Bluesfest.

Cale Gontier of the band Thornley rocked the Rogers Amphitheater Saturday during the HOPE Volleyball Summerfest.

Wyclef Jean's performance Saturday night on the Bank of America main stage at Bluesfest drew thousands of fans to hear "the president of entertainment" at LeBreton Flats.

The charismatic Ricky Dillard and the New G chorale brought their Chicago-based brand of gospel to Bluefest's Roots stage as part of the World Gospel Jam.

Bertha weakens to tropical storm
Hurricane Bertha weakened back into a less-menacing tropical storm yesterday after stalling near the British colony of Bermuda, the U.S. National Hurricane Center said. REUTERS

Canada/World

Rosie O'Donnell, right, and her life partner Kelli, own a gay-couple friendly cruise ship line that stops in Halifax

Canada: A gay friendly place

DEAN LISK
Metro Canada

Canadians are lucky, and Kelli O'Donnell hopes they know it.

"If not, we will tell them," said the life partner of former talk show host Rosie O'Donnell.

She, Ro — as she refers to her — their kids, and more than 2,000 passengers will visit Halifax on Wednesday when the Norwegian Dawn makes a port of call in the city.

"It is one of our most requested stops if we are going to make an East Coast trip," said O'Donnell.

This will be the second time the couple visits Halifax as part of their same-sex family-oriented R Family Vacations cruises.

"Canada is perceived really positively, because you guys were really seen as pioneers in the gay-marriage front. I think — as far as the perception of Canada — we wish we could have the same thing here across the board."

260 join B.C. stem cell drive

RICHMOND Carolyn Tam is 260 steps closer to finding a much-needed stem cell match after a drive was held in Richmond, B.C., yesterday screening possible candidates for a bone marrow transplant that would save her life.

The stem cell drive provided on-site testing to 260 volunteers to see if they were compatible with Carolyn.

It was the third drive put on by Vancouver friends and family of the Toronto woman, who has been battling leukemia for two years. METRO CANADA

News in brief

SPELLING Ian Moo-Young thought he would be a good brand-new citizen by informing federal citizenship minister Diane Finley about misspellings in his welcome-to-Canada papers. He still hasn't gotten through to her.

AIRLINES The nearly 200 flight attendants who will be laid off in November when Air Canada closes its Halifax base are holding a rally at the airport today to protest the cuts. METRO NEWS SERVICES

Iranian threats grow

Ahmadinejad vows to strike down enemies

Iran's president said his country would strike its enemies before they managed to fire a shot, media reported yesterday, part of an escalating war of words on its nuclear ambitions fuelling Middle East tensions.

President Mahmoud Ahmadinejad echoed comments by other Iranian officials and commanders that Iran's response to any attack over its disputed nuclear program would be quick.

"Before the enemies get their hands on the trigger the armed forces will cut off their hands," the official IRNA news agency quoted Ahmadinejad as telling reporters.

A senior Iranian official was quoted as saying on Saturday that Iran would destroy Israel and 32 U.S. military bases in the Middle East if the Islamic Republic was attacked.

The United States has refused to rule out military action if diplomacy fails to resolve the nuclear row. Washington says Tehran is seeking nuclear arms, a charge Iran denies, saying its aim is to generate electricity.

Israel, long assumed to have nuclear arms, has sworn to prevent Iran from attaining atomic weapons. An Israeli air force drill last month raised speculation it was planning an attack.

Iranian missile tests this week further stoked tension. Fears of military confrontation between Iran and Israel have helped to send global oil prices to record highs. REUTERS

Russian investment

The head of Russian gas company Gazprom, Alexei Miller, right, was in Iran yesterday looking for new business opportunities after French oil major Total froze investment in a major Iranian field citing political risk.

Governator blasts Bush's climate record

ENVIRONMENT California Gov. Arnold Schwarzenegger said yesterday the Bush administration did not believe it should do anything about global warming and that any last-minute action before leaving office would be "bogus."

Schwarzenegger

Schwarzenegger, a Republican whose state has pushed unsuccessfully for federal permission to limit greenhouse gas emissions from vehicles, said on ABC's This Week that any move at this point against climate change would lack sincerity.

"If they would have done something this year, I would have thought it was bogus anyway," he said. "You don't really have an effect by doing something six months before you leave office … it doesn't sound to me believable at all. The sincerity is not there." REUTERS

News in brief

OBAMA Democratic presidential hopeful Barack Obama said yesterday he used "poor phrasing" in a speech supporting Jerusalem as the undivided capital of Israel. In the speech, Obama told the American Israel Public Affairs Committee that if elected president in November, he would work for peace with a Palestinian state alongside Israel.

PEACE TALKS Syrian President Bashar al-Assad said it could take between six months to two years to reach a peace agreement with Israel if the two sides, who have held indirect negotiations, agreed to face-to-face talks.

AFGHANISTAN Insurgents killed nine U.S. soldiers in an assault on an Afghan army and NATO outpost in northeastern Afghanistan yesterday, making it one of the worst days for foreign troops casualties in the country since 2001. "The fighting began in the early morning hours and continued into the day as insurgents were repulsed from an Afghan National Army and ISAF combat outpost," a statement by the NATO-led International Security Assistance Force (ISAF) said. REUTERS

Business

Mirabel to build CSeries jet

Bombardier launched a new 110-130 seat passenger jet, the CSeries, yesterday in a Canadian bid to challenge industry giants Airbus and Boeing.

Announcing the long-awaited launch on the eve of the Farnborough Air Show in Britain, the Montreal-based company said it had selected Mirabel near Montreal as the site to assemble the planes, which will enter service in 2013. Mirabel had been competing with Kansas City, Missouri.

German airline Lufthansa has provisionally ordered 30 planes with an option for 30 more, Bombardier said. REUTERS

News in brief

IPHONE The Canadian launch of the iPhone arrived amid a great deal of hype and a few hiccups. Liz Hamilton, a spokesperson, for Rogers Communications, confirmed the wireless provider had run into some computer-system issues because of the "unprecedented consumer demand" for the device. TORSTAR NEWS SERVICE

METRO Ottawa

130 Slater Street, Suite 300
Ottawa, ON K1P 6E2
Tel: 613-236-5058
Toll free: 1-888-916-3876
Fax: 1-866-253-2024
Advertising: 613-236-5058
adinfoottawa@metronews.ca
Editorial:
ottawaletters@metronews.ca
Distribution inquiries:
ottawa_distribution@metronews.ca
metro_enquiries@metronews.ca

Local:
Publisher, C. Dave Kruse
Managing Editor, Derek Gordanier
derek.gordanier@metronews.ca
Marketing Manager, Ian Clark
Distribution Manager, Bernie Horton
National:
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Art Director, Laila Hakim
National Sales Director, Susan Courtney
Interactive Director, Jodi Brown

metro Do it daily.

Metro is the world's largest newspaper, with more than 20 million daily readers in 100 major cities in 21 countries. www.metronews.ca

NBA

The Washington Wizards re-signed star guard Gilbert Arenas yesterday. Terms were not disclosed but the Washington Post reports that Arenas agreed to a six-year, $111-million US contract with the club. **METRO NEWS SERVICES**

Sports

Bolts lock up Lecavalier

The Tampa Bay Lightning signed forward Vincent Lecavalier to an 11-year contract extension, the club announced yesterday. TSN.ca reports the deal is worth $85 million US. The first overall pick of the 1998 draft, Lecavalier holds the franchise record in goals (273), points (602) and games played (710).

Rays limp into All-Star break

Tampa drops seventh game in a row to give up AL East lead to Boston

The reeling Tampa Bay Rays lost their seventh successive game and their lead in the American League East with a 5-2 loss to the Cleveland Indians yesterday.

The Rays now trail the Boston Red Sox by half a game in the division heading into the All-Star break.

The Rays seven-game slide comes straight after a seven-game winning streak put them five games ahead of Boston.

"We totally massacred our seven-game winning streak," Tampa Bay manager Joe Maddon told reporters. "We have to do a better job on the road.

"This is six losses in a row on the road. We just have to do a better job on the road. We're two different teams."

Tampa is 36-14 at home and 19-25 on the road.

Maddon said he would not panic, though his young team appeared to be feeling the pressure of their unexpected success this season. Tampa Bay won just 66 games in 2007.

"I do feel good about that group," he said. "I will always feel good about that group."

Scott Kazmir gave up five runs on eight hits over six innings and took the loss, as the Indians won their fourth successive game.

Five Cleveland pitchers held the Rays to just three hits, with Tom Mastny getting the win.

"It has been a great first half," Kazmir said. "There are going to be times like this in the season where we're going to go through a bump, a slow stage.

"We've just got to be able to bounce back. Today, we were looking to do that, but it didn't happen. This next half, we have to put it behind us and get us back on track."

Boston took over first place with a 2-1 win over the Baltimore Orioles, as Daisuke Matsuzaka pitched six shutout innings. **REUTERS**

AARON JOSEFCZYK/REUTERS

Indians baserunner Ryan Garko avoids a tag from Tampa Bay Rays second baseman Ben Zorbist in the eighth inning of their game yesterday in Cleveland.

Sports in brief

BASEBALL Eddie Lantigua singled home Issael Gonzalez from second base in the ninth inning to give the Quebec Capitales a 7-6 victory over the Ottawa Rapidz yesterday afternoon. Rapidz left-fielder Jereme Milons belted a first inning three-run blast, his fourth of the season.

MLB Chicago Cubs set-up man Carlos Marmol was named to the National League All-Star team yesterday, replacing his teammate, closer Kerry Wood. Wood, who has 24 saves in 29 opportunities this season, will miss tomorrow's All-Star Game at Yankee Stadium with a blister on his right index finger.

MLB Minnesota Twins first baseman Justin Morneau has accepted an invitation to be the eighth and final participant in tonight's All-Star Home Run Derby at Yankee Stadium. Morneau, a native of New Westminster, B.C. also participated in the Derby last season.

CYCLING Italian Riccardo Ricco paraded his climbing skills with a stunning attack on the first mountain test of the Tour de France yesterday to claim his second stage victory. Kim Kirchen of Luxembourg retains the overall leader's yellow jersey. **METRO NEWS SERVICES**

SCOREBOARD

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	PCT	GB
Boston	57	40	.588	—
Tampa Bay	55	39	.585	½
N.Y. Yankees	50	45	.526	6
Toronto	47	48	.495	9
Baltimore	45	48	.484	10

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Sox	54	40	.574	—
Minnesota	53	42	.558	1½
Detroit	47	47	.500	7
Kansas City	43	53	.448	12
Cleveland	41	53	.436	13

WEST DIVISION

	W	L	PCT	GB
L.A. Angels	57	38	.600	—
Oakland	51	44	.537	6
Texas	50	46	.521	7½
Seattle	37	58	.389	20

NATIONAL LEAGUE

EAST DIVISION

	W	L	PCT	GB
Philadelphia	52	44	.542	—
N.Y. Mets	51	44	.537	½
Florida	50	45	.526	1½
Atlanta	45	50	.474	6½
Washington	36	60	.375	16

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Cubs	57	38	.600	—
St. Louis	53	43	.552	4½
Milwaukee	52	43	.547	5
Cincinnati	46	50	.479	11½
Pittsburgh	44	50	.468	12½
Houston	44	51	.463	13

WEST DIVISION

	W	L	PCT	GB
Arizona	47	48	.495	—
L.A. Dodgers	46	49	.484	1
San Francisco	40	55	.421	7
Colorado	39	57	.406	8½
San Diego	37	58	.389	10

YESTERDAY'S RESULTS

AMERICAN LEAGUE

Boston 2 Baltimore 1
Cleveland 5 Tampa Bay 2
Detroit 4 Minnesota 2
L.A. Angels 4 Oakland 3
Seattle 4 Kansas City 3
Texas 12 Chicago White Sox 11
Toronto 4 N.Y. Yankees 1

NATIONAL LEAGUE

Atlanta 12 San Diego 3
Houston 5 Washington 0
L.A. Dodgers 9 Florida 1
Milwaukee 3 Cincinnati 2
N.Y. Mets 7 Colorado 0
Philadelphia 6 Arizona 3
San Francisco 4 Chicago Cubs 2
St. Louis 11 Pittsburgh 6

TONIGHT

All-Star Home Run Derby, 8

TOMORROW'S GAME

All-Star Game (at New York)

National League vs. American League, 8

WEDNESDAY

No games scheduled

CFL

EAST DIVISION

	W	L	T	PTS
Montreal	2	1	0	4
Hamilton	1	2	0	2
Toronto	1	2	0	2
Winnipeg	0	3	0	0

WEST DIVISION

	W	L	T	GB
Saskatchewan	3	0	0	6
Edmonton	2	1	0	4
Calgary	2	1	0	4
B.C.	1	2	0	2

WEEK 3

SATURDAY'S RESULT

Saskatchewan 33 Hamilton 28

FRIDAY'S RESULT

B.C. 42 Winnipeg 24

THURSDAY'S RESULTS

Calgary 23 Montreal 19
Edmonton 47 Toronto 28

BASEBALL

CAN-AM LEAGUE GAMES FEATURING THE OTTAWA RAPIDZ:

LAST NIGHT'S RESULT

Quebec 7 **OTTAWA** 6

TONIGHT'S GAME

Quebec at **OTTAWA**, 7:05

Perry keeps cool for third win

American Kenny Perry won a three-way playoff to win the John Deere Classic at Silvis, Ill., yesterday and claim his third win in his last five PGA events.

Perry went into the final hole with a one-shot lead but made a hash of a chip to the green and bogeyed the 18th to leave him in a three-way play-off with Brad Adamonis and Jay Williamson.

The 47-year-old Perry kept his cool in the play-off, making a par while his two rivals found water and bogeyed.

"I felt like I gave it away and they gave it back to me. But I fought hard, produced key shots at the right time. That was a great win for me," said Perry.

Williamson's finish was enough to earn him an invitation to next week's British Open.

Perry

Organizers of the John Deere Classic, in order to attract the best possible field, had organized on a chartered plane to take players directly to Manchester to prepare for the Open.

Perry has already decided not to play the tournament, which starts at Royal Birkdale on Thursday and confirmed after yesterday's play he would not change his mind and would play instead in the Milwaukee Championship next week.

Perry, who focused his entire season on the Ryder Cup and was reluctant to change plans, has now risen to second in the FedEx Cup standings after adding to his victories at the Memorial Tournament and the Buick Open.

Perry's victory equals his previous best season, in 2003 when he also picked up three tournament wins.

"It's just my time. I don't why it is happening but things are just going my way," said Perry. **REUTERS**

LOTTERIES

Friday, July 11, 2008

Lotto Super 7	10, 17, 22, 26, 28, 46 & 47. Bonus 3.
Pick-3	0 9 2
Pick-4	9 1 1 0
Encore	7474047
Daily Keno	1, 4, 6, 7, 8, 11, 19, 23, 30, 37, 39, 44, 48, 50, 53, 54, 56, 58, 64, 70.

Saturday, July 12, 2008

Lotto 6/49	15, 18, 19, 21, 24 & 35. Bonus 37.
Ontario 49	3, 4, 10, 22, 32 & 46. Bonus 29.
Lottario	4, 9, 10, 16, 29, 32. Bonus 11.
Early Bird	12, 20, 21 & 23.
Pick-3	6 7 9
Pick-4	6 4 3 4
Encore	5288717
Daily Keno	15, 18, 21, 25, 29, 31, 34, 35, 38, 39, 46, 52, 55, 56, 58, 60, 61, 63, 65, 66.

Sunday, July 13, 2008

Ontario Pick 3	6 1 6
Ontario Pick 4	6 2 7 3
Encore	6682985
Daily Keno	4, 13, 16, 18, 22, 25, 27, 29, 30, 34, 35, 39, 42, 43, 44, 49, 52, 53, 59, 61.

Results not official

BECAUSE YOUR TEAM DESERVES A NIGHT OUT
RAPIDZ BASEBALL.
YOU'VE GOT EVERY REASON TO GO.
Upcoming Home Games:
Tonight at 7:05 p.m.
CHEO Gate Night - Hit a homerun for CHEO. 50% of the gate proceeds will be donated to the CHEO Foundation.
Tuesday, July 15 at 7:05 p.m.
HOPE Volleyball Summerfest After-Party
Ottawa RAPIDZ
Buy tickets online at www.ottawarapidz.ca, call (613) 820-4000 or visit the box office.

Athletics
Double amputee Oscar Pistorius failed in his second attempt to reach the Beijing Olympics 400 metres qualification time on Friday. REUTERS

Beijing Games

JEFF HODSON/METRO CANADA

From left: Kara Lang, Amy Walsh and Robyn Gayle race for the ball during a Canadian women's soccer team practice in North Vancouver last week.

Soccer team shoots for gold

Players prep for first Games appearance

Melissa Tancredi, left, and Emily Zurrer fight for the ball.

JEFF HODSON
Metro Canada

While members of Canada's women's soccer team say they're thrilled to be one of 12 teams taking part in the world's largest sporting event, their aspirations don't end with just participating.

"We want to win gold," said Christine Sinclair, 25, of Burnaby, B.C. "To come home with a medal would be a good result for us. We know that we can beat any team in the world if we play well."

Canada, which is ranked ninth in the world in women's soccer, is making its first appearance at the Games since women's soccer was included in 1996.

Head coach Even Pellerud said the team, most of which has been in a national program residency in Vancouver for the past two years, has been steadily gearing up for the tournament since qualifying April 12 with a victory over Mexico.

The team, he added, has played 18 or 19 international matches since January.

"You can train and train and train as much as you want," said Pellerud. "But if you cannot test it against the best teams in the world, you really are without answers."

Recently, Canada finished runner-up to the U.S., the top-ranked team in the world, at the 2008 Peace Queen Cup in Korea. Canada lost the hard-fought match 1-0, with the only goal coming in extra time.

The team, Pellerud said, has been to China a handful of times over the past couple years to prepare for Beijing's notoriously poor air quality.

The trips allowed coaches to see how different players reacted to the pollution and which players may need inhalers.

"We have played or trained in those conditions many times now; there should be no surprises for us," he said.

Sinclair added that all the teams will have to deal with the pollution. "It's going to be bad for everyone," she says.

Canada is in Group A and plays Argentina (ranked 27th), China (ranked 14th) and Sweden (ranked third).

"All of a sudden it's really close," said Kara Lang, 21, of Oakville, Ont. "There's an excitement in the air and a different level of intensity as it gets closer.

"It's something I've dreamed about since I was a little girl," she said. "For any athlete, it's the ultimate dream."

The team tied Brazil 1-1 in a friendly Thursday at BMO Field in Toronto prior to heading to Singapore to get acclimatized to the heat before the Olympics.

Chambers wins, awaits verdict

ATHLETICS Dwain Chambers achieved the first stage in his bid to run at the Beijing Olympics when he won the 100 metres final at the British trials on Saturday and must now await a legal ruling on his eligibility.

Chambers will find out on Wednesday if his lawyers have secured a temporary injunction against his lifetime ban, which would make him eligible for the Olympics.

Cancer won't keep swimmer away

SWIMMING American swimmer Eric Shanteau has been diagnosed with testicular cancer but still plans to race at the Beijing Olympics, U.S. Swimming said on Friday.

Shanteau qualified for a spot on the U.S. squad in the 200-metre breaststroke at last week's Olympic trials. REUTERS

Tomorrow's lineup

KEEPING QUIET If you're waiting for one of Canada's Olympians to take a stand on China's human-rights record, don't hold your breath. Read tomorrow's Metro for more.

24 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

Metro is Canada's #1 FREE NATIONAL DAILY newspaper.
metronews.ca
metro Do it daily.

Midearth Travel 738 Bronson Ave., Ottawa www.midearth.ca
NEW YORK CITY FUN
3 days, NYC and Woodbury Outlets
Every Saturday departure from $179
USA 4 DAYS BUS TOUR
New York City – Washington DC – Atlantic City
Every Saturday departure from $209
TORONTO – NIAGARA FALLS
2 days trip, 1000 Islands cruise, Toronto and Niagara Falls
Weekly departure from $109
QUEBEC CITY & WHALE WATCHING
QUEBEC CITY & MONTREAL
Two days bus tour from $119
(ALL INCLUDING BUS & HOTEL)
BUS TOUR PACKAGE
For more bus tours, please call 613-236-5226 or 613-234-7072

Do you suffer from ASTHMA?
You may be eligible to participate in a clinical research study of an investigational medication for the treatment of asthma.
You may qualify if you:
• Are 18 to 65 years of age
• On stable asthma treatment for at least one month
Qualifying participants will receive:
• Study related medical exams
• Study related medications
You will be compensated up to $1500. upon study completion.
If you have any questions or would like more information please contact:
Allergy & Asthma Research Centre
613-725-2102 Ext 248

Historic figure
Located just one block south of Parliament Hill, Sparks Street is the site of the 1868 assassination of Thomas D'Arcy McGee, who was a Father of Confederation. WWW.SPARKSSTREETMALL.COM

Sparks Street

Fleet derailed

Ottawa's first electric streetcar operated on Sparks Street on July 26, 1893. The fleet was derailed in the 1950s and Sparks Street was converted to Canada's first pedestrian mall in 1966. SPARKS STREET MALL BIA

LA MODE
Hair Design and Spa
VISIT US FOR FREE CONSULTATION
LATEST HAIR TRENDS AND SPA SERVICES
• Foil Hi-Lite, Colors
• Hair Extensions
• Full Spa Services
• Hair Products
• Fashion Jewelery
• Sunglasses
MENTION THIS AD FOR YOUR DISCOUNT
67 Sparks St. • 613-231-7865 • www.lamodesalon.ca

Summer event offers deals

If you are looking for some great bargains, Sparks Street Mall's annual summer sidewalk sale is a good place to start.

Starting today and running until July 20, 33 mall merchants — from Alberto Rossini to Zellers — will be selling discounted items outside of their stores.

The outdoor mall is one block south of Parliament Hill and stretches between Bank and Elgin Streets. The Sparks Street Mall has a variety of specialty shops including jewellers, souvenirs, clothing, music, shoe stores and more.

METRO NEWS SERVICES

CORY BOAST PHOTO

Sparks Street Mall stretches between Bank and Elgin Streets.

Sparks Street Mall shops

- Alyea Jewellers
- Smithbooks
- Capital Sports & Souveniers
- The Astrolabe Gallery
- Dixon Jewellers
- The Snow Goose
- Peter Ferguson Clothiers
- Nettleton Jewelers
- Fleurs Mariana
- Parliament Souvenirs & News
- O'Shea's Market Ireland & Celtic Shop
- Canada's Four Corners
- Nicholby's Souvenirs
- Marvelous Mustard Shop
- Alberto Rossini
- Morgante Men's Wear
- Jewellery Plus
- Bello Uomo
- Zellers
- Librairie Antoine
- Quichua International
- The Green Dragon
- Ottawa Leather Goods
- North Star Souvenirs
- The Shoe Box
- A2 pret a porter
- International Clothiers
- True Bijoux
- Howard Jewellers
- Hallmark
- Sable Classics
- HMV
- Black's Camera

METRO NEWS SERVICES

SPARKS STREET SIDE WALK SALE
Most Handbags 25% - 50% off
Selected briefcases 25% off and up
Selected men's and ladies wallets on sale
Luggage up to 50% off
Assorted discontinued luggage up to 70% off
Ottawa Leather Goods • 179 Sparks St., Ottawa, ON K1P 5B9
(Phone) 613-232-4656
www.ottawaleathergoods.com
Ottawa Leather Goods
LEATHER GOODS, LUGGAGE, HANDBAGS & MORE!

LOOK!
What's New at True Bijoux
40% OFF!
Canadian Polar Ice Diamonds™
Shown, Polar Ice Diamond Solitaire Was 1700.00
Now 1020.00
Government Certified Canadian Diamonds
Beautiful styles include solitaire, 3-stone and multi-stone designs in 14Kt. white or yellow gold.
Collection also includes diamond pendants and diamond studs.
True bijoux
Were 1700.00 to 6000.00
Now 1020.00 to 3600.00
LAYAWAY PLAN Available
200 Sparks St.(near Bank St.) 613-232-2229 www.truebijoux.ca

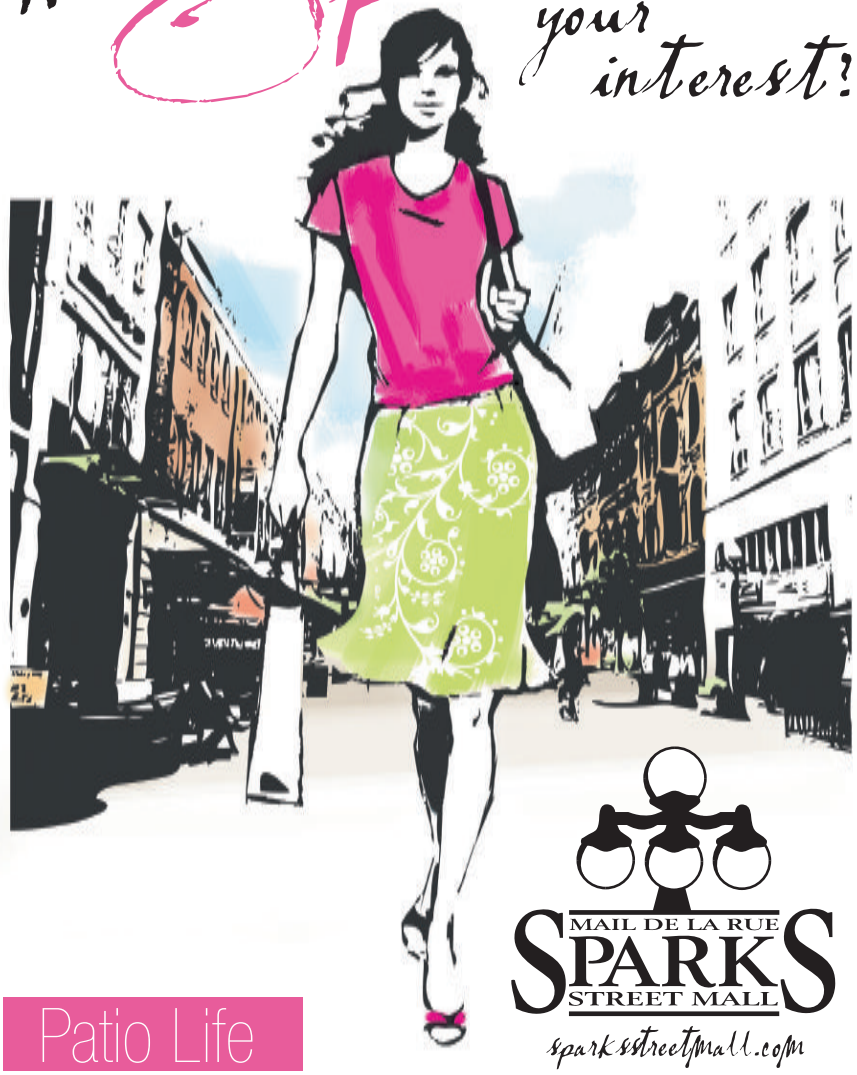
Nettleton's Jewellery Ltd.
STORE CLOSING SALE
Sparks St. Location Only
Up To
70% OFF
EVERYTHING MUST GO
Gold Jewellery, Watches, Diamonds
Estate Clear Out
No Layaway or Holds
Nettleton's Jewellery Ltd.
90 Sparks St. Thomas D'Arcy McGee Bldg.
Ottawa Ont. K1P 5B4
613-232-3834
Trusted for 3 Generations
Monday to Friday 9:30 - 5:30

Over 60 shops, services, and restaurants in a beautiful outdoor environment. *ON NOW: Sidewalk Sale on Sparks July 14th - 20th.*

SPARKSSTYLE

Did you know?
Ottawa's first electric streetcar operated on Sparks Street on July 26, 1893. The fleet was de-railed in the late 1950's and Sparks Street was converted to Canada's first pedestrian mall in 1966.

What Sparks your interest?



MAIL DE LA RUE SPARKS STREET MALL
sparksstreetmall.com

On Sparks this month

Big top talent takes to the street July 31 - August 4 for Buskerfestival.
The 2008 Ottawa International Buskerfestival is coming to Sparks Street! If your looking for fun family entertainment this summer, look no further than Sparks Street Mall in July and August. Come enjoy the spectacle as performers from around the world take their Big Top talent to Sparks Street. Enjoy quick wit, slapstick, dance, comedy, juggling, amazing stunts, and musical acts. The 2008 Buskerfestival has it all, including FREE ADMISSION, just bring along a little change to show your appreciation. Shows start daily at 11 a.m., with the last show of the day starting at 9p.m. Don't miss the flaming hot Fire Show August 1st at 9:30 p.m. and the Grand Finale August 4th at 6 p.m. See you on Sparks.

BUSKERFEST 2008
Sparks Street – Ottawa

COME ONE, COME ALL!
July 31- August 4

Sponsored by: 93.9 BOB FM 80's...90's... & WHATEVER | TEAM 1200 SPORTS RADIO | Proud to support: Children's Wish

Dance & Concert Series

Come strut your stuff on Sparks in July & August
Sparks Street's outdoor dance and concert series continues this summer every Friday and Saturday night. Dance nights begin July 25th and run each Friday & Saturday night from 7:30 p.m -10:30 p.m. throughout the months of July and August.

Friday nights 'Baby Boomers' can relive the sounds and styles of the 1950s, 60' & '70s. Saturday nights it's back to the 1940s. Come listen, dance, compete and celebrate under the stars on Sparks Street.

Think you can Dance?
Compete in the Sparks Street Dance Challenge starting July 25th
Register online at: www.sparksstreetdancechallenge.ca
Registration deadline July 18th, 2008

Patio Life

The season is in full swing on Sparks, Ottawa's patio playground.
Sunny, shady, big or small, if you are on the hunt for a great patio Sparks Street is the place to do it in style. With over a dozen patios and a host of other bars, restaurants, and cafés adorning the street, it is no wonder that Sparks Street is reclaiming its rightful place as Ottawa's patio playground. Come give Sparks traffic-free patio life a try. Here are just a few patios we recommend visiting.

Parliament Pub | L'Ange Cafe | 73 North | D'Arcy McGee's | Carmellos | Carulli's Centretown Tavern | Ashtar Restaurant | The Cock & Lion | Palermo Café | Yesterdays Brixton's British Pub | Jazz'oo Bar & Lounge | Vie Bella Market & Deli | Sushi Shop

SIDEWALK SALE!!!

ON NOW! July 14th - 20th

Butt out

Cigarette butts topped the litter list during the TD Great Canadian Shoreline Cleanup last year. More than 270,000 butts were removed from Canadian shorelines, the equivalent of 10,000 packages of cigarettes. NEWS CANADA

Going Green

Emissions sources

Sources of personal greenhouse gas emissions in Canada, according to Greeniology: How To Live Well, Be Green And Make A Difference by Tanya Ha: Passenger road transport (49.9 per cent), space heating (28.7 per cent), water heating (11.1 per cent), appliances (7.5 per cent), lighting (2.4 per cent), space cooling (0.3 per cent) METRO NEWS SERVICES

Sailing into water problems

Algae blooms caused by excessive amounts of nitrogen

ScienceMatters

David Suzuki & Dr. Faisal Moola

If you've been following news about the upcoming Beijing Olympic Games, you may have seen photos of thousands of workers trying to clean huge swaths of algae from the waters and beaches in co-host city Qingdao. The algae have proliferated more than one-third of waters where sailing events will be held.

This is not an unusual occurrence, but it is a symptom of an underlying problem with potential repercussions far more serious than hampering Olympic events or adding to the negative publicity surrounding China's Games. The blooms — along with a host of other problems — are caused by excessive amounts of nitrogen from sources such as road and industrial run-off, untreated sewage, and, most of all, fossil-fuel combustion and agricultural fertilizers.

Because it is a major component of proteins and the atmosphere, nitrogen is a vital element in the biosphere. In the soil, nitrogen stimulates growth in plants. We can "fix" nitrogen from the air into fertilizer in a process that takes a lot of heat from fossil fuels.

Applied on farmers' fields, this artificial fertilizer induces plant growth, but scientists believe this has resulted in nitrogen entering the Earth's soils at more than twice its natural rate. This ripples out from the land to affect freshwater and marine ecosystems. Besides giving Chinese Olympic organizers headaches, algal outbreaks have also contaminated drinking-water supplies used by millions of people.

Excess nitrogen can also disrupt or change plant-growth patterns (including contributing to the spread of invasive species), poison freshwater environments, deprive ocean ecosystems of the oxygen needed to support aquatic life, and even contribute to global warming.

Because we know where much of the excess nitrogen in the environment comes from, we know how to reduce the levels.

First, we must cut back on fossil fuels. But we can also reduce our use of chemical fertilizers, in agriculture, on golf courses, and even in our own backyards.

We may not be able fix the problem in time for the 2008 Olympics, but we need to get on it now, or we'll have far bigger problems to contend with than where to hold Olympic sailing events.

Take David Suzuki's Nature Challenge and learn more at *www.davidsuzuki.org.*

Dr. David T. Suzuki is a Vancouver-based award-winning scientist, environmentalist and broadcaster.

ORVILLE STATION
Stittsville Condos
from the low $170's
www.DharmaDevelopments.com

Canadians committed to cleaning shorelines

When it comes to going green, Canadians are truly committed to the cause.

Last September, the Vancouver Aquarium and TD Friends of the Environment Foundation hosted one of the largest coastal cleanups in the world: The annual TD Great Canadian Shoreline Cleanup.

More than 50,000 volunteers scoured nearly 1,800 kilometres of the country's shorelines to make our lakes, rivers and waterways cleaner, safer and more livable for people, plants and wildlife.

"Shoreline cleanups are more than just removing trash," says Eric Solomon, Vancouver Aquarium's vice-president of conservation, research and education.

"Rather, they're examples of communities working together to create solutions that ensure our shorelines and waterways are kept clean."

Shoreline litter

The amount of garbage recovered was staggering. When pooled together, these environmentally-conscious volunteers collected a whopping 87,000 kilograms of shoreline litter. Interesting finds included a waterlogged motorcycle, a hotel safe and a wheelchair.

For your chance to be part of an activity that has a real, measurable effect on the environment, sign up by Aug. 31 for the 15th annual TD Great Canadian Shoreline Cleanup being held Sept. 20-28 at hundreds of locations coast to coast.

To volunteer for a cleanup in your community including becoming a site co-ordinator, or to learn more about public drop-in locations, you can find out more at *www.vanaqua.org/cleanup.*

NEWS CANADA

Canada's Money Collector Show
Sponsored by:
The Canadian Numismatic Association
The City of Ottawa Coin Club
Seminars on coin collecting, Coin dealers from across North America, Exhibits and more...
July 18-20
Daily Admission:
13 and older: $5.00
12 and under: free
Crowne Plaza Hotel
101 Lyon Street

DO YOU SUFFER FROM FOOT, KNEE OR LOW BACK PAIN?

COMPLIMENTARY WORKSHOP
Healthy Feet And Orthotics
Eliminate Foot, Knee and Hip Pain Forever!
Workshop includes FREE digital foot scan.
Monday July 21st 2008 6:30 pm - 7:30 pm
Discover Safe and Effective Solutions.
Presented by Dr. Michael Reid
Hampton Wellness Centre
Hampton Park Plaza – 1419 Carling Ave. Suite 209
Limited Seating To The First 25 Callers.
Call now to reserve your seat.
613 761 1600

Laurier wins awards
Wilfrid Laurier University picked up two awards from the Canadian Association of Career Educators & Employers.
The university won the Education Institution Recognition Award and garnered the Outstanding Achievement Award. METRO

Workology

Enrolment
A declining value in the U.S. dollar is fuelling an increase in foreign student enrolment, some U.S. education experts speculate. METRO

Nursing 'crisis' to escalate

Care industry may explode in next few years as baby boomers retire

RAFAEL BRUSILOW
for Metro Canada

With an aging population and not enough nurses entering the ranks to take care of them all, private and public health-care providers in Canada alike are bracing for a health-care crisis.

Demand for nurses, who are already needed desperately in Canada, is expected to increase dramatically in the coming years.

Experts say the numbers of elderly people who need help with the daily acts of living most of us take for granted like getting groceries, making meals and keeping healthy are growing and too few nurses are being brought into the fold, especially among young people.

Kaaren Neufeld, president of the Canadian Nurses Association (CNA), says the numbers tell a worrying story — while the CNA recently succeeded in graduating more than 9,300 new nurses in a single year for the first time in three decades, Neufeld says the country needs closer to 12,000 new nurses each year.

"There is a shortage of health-care practitioners in this country and working with the frail elderly in this country is something there will continue to be a strong need for," Neufeld said.

As many aging boomers develop increasing nursing needs, Neufeld insists more emphasis on continuing care instead of cures will be needed.

"We have to change the way health care is delivered in this country in order to meet the need of the population we're anticipating," Neufeld said.

Lisa Wiseman, president of private firm Eldercare Home Health Inc., which sends experienced registered nurses directly to elderly clients' own homes, says the lack of nurses is a problem not easily solved in the short term, since field experience is such a key part of successful nursing.

"Even if we graduated all the nurses we needed tomorrow, they still wouldn't have the experience. We're definitely heading into a crisis," Wiseman said.

A big problem has been attracting young female nurses, since traditionally few men choose to enter the field.

Before the women's liberation movement, most women chose to enter either nursing or teaching as professions.

Now that women are increasingly being accepted in the working world, Wiseman says it's only natural that many are choosing a wide variety of professions. With the average age of a registered nurse hovering at around 47 years old, it's also obvious that relatively few young women are choosing to become nurses.

> **"Even if we graduated all the nurses we needed tomorrow, they still wouldn't have the experience. We're definitely heading into a crisis."**
> Eldercare Home Health president Lisa Wiseman

Still, with demand high and supply low, enterprising students who feel a calling to care for others like Jenna Hoyt, 28, are putting two and two together pursuing their dream of nursing. Hoyt recently graduated from the University of Toronto's Lawrence S. Bloomberg Faculty of Nursing and says her and her friends were being wooed to nursing positions almost instantly.

"From the moment we started nursing school, hospitals were lined up to recruit new nurses," Hoyt said.

Hoyt herself is heading to Ethiopia to provide nursing care and do humanitarian relief work and says of her friends who graduated, not one is still left looking for work.

"Anyone who wanted a job has a job. I actually feel a bit guilty leaving Canada because I know there's a shortage," she said.

HIRING FAIR

Friday July 18, 2008 from 10 am to 7pm at Value Village store 1221 Cyrville Road Ottawa.

We currentally have openings in all hourly positions.

You may fax your resume to Soula, **613-749-6887**

Email to **www.2039@savers.com** or complete an Application at 1221 Cyrville Road.

Value Village is an equal opportunity employer EOE/ADA

crocs™

Today, Crocs™ Shoes are available all over the world and on the Internet. Despite our rapid success, we still stand behind the core values of Crocs™ Footwear. We are committed to making a lightweight, comfortable, slip-resistant, fashionable and functional shoe that can be produced quickly and at an affordable price to our customers. **Join a dynamic team at our new William Street store location, opening in mid-August!**

Store Manager

With overall accountability for achieving established goals, and hiring, training and motivating the in-store team to achieve total customer satisfaction, you will manage inventory and orders, handle merchandising and deal with returns, exchanges and complaints. You will work consistently to maintain and increase the store's performance.

Assistant Store Manager

Motivating and encouraging staff, and working to increase the performance of the store, you will maintain inventory and product orders while ensuring a high level of customer service in all areas. You are also able to supervise the sales team in the absence of the Manager and deal effectively with returns, exchanges and complaints.

The above positions will appeal to dynamic team players who are self-reliant and organized multi-taskers, experienced in retail, able to work well under pressure and ready to start right away.

Sales Associates – Full-Time and Part-Time

Constantly striving to provide good service by informing and advising customers while keeping the store clean and in order, you will work the cash register, assist in opening and/or closing the store, maintain good product knowledge and work to promote it. If you are a confident, energetic team player who is at ease with customers, you should join our team today! Experience in retail is an asset.

We offer an excellent remuneration combined with a competitive benefits package. If you are interested in one of these **Ottawa-based** positions, please submit your resume, by **August 15, 2008,** to **emploi@crocs.ca**

We are an equal opportunity employer.

www.crocs.com

EST. 1896

WILLIS COLLEGE

110 YEARS OF TRAINING

Careers:
- Accounting
- Business
- Technology

APPLY NOW!

85 O'Connor
613-233-1128
williscollege.com

Justice has a new name in B.C.

The Justice Institute of B.C. is renaming a new building after philanthropist Dr. Donald Rix, who had made a $1-million donation to the school. The Dr. Donald Rix Public Safety Simulation Building, provides simulation training to justice and public professionals. METRO

It's best to avoid pub wear at work, survey suggests

TORONTO You might consider ditching the flip-flops and cargo pants if you want to get promoted this summer, particularly if you work in financial services, a workplace survey on office attire suggests.

Around 41 per cent of U.S. employers surveyed by *Careerbuilder.com* said professionally-dressed employees tend to be promoted more than others and nearly two-thirds have imposed some form of dress ban.

With summer temperatures rising, dress code issues are more likely to come to the fore, said *Careerbuilder.com's* Canada Managing Director Remy Piazza, with 64 per cent of the 2,765 employers surveyed banning flip flops, 49 per cent forbidding mini-skirts and 28 per cent blacklisting jeans.

"Come spring and summer, people finally get to take off the 15 layers of clothing they've been wearing all winter, and that's when some of the dress code issues start to creep in," Piazza told Reuters.

The most common mistake is dressing in stained, wrinkled or simply inappropriate clothing, Piazza said.

"Don't mistake the office for your local pub — leave the slinky skirts and cut-off shorts at home," he said.

But some dress-code violations may be harder to detect than others, said Christa Harbridge of career placement firm Absolute Recruitment in Mississauga, Ont.

"A lot of people make the mistake of thinking they can wear whatever they want if they throw a blazer over it," she said, adding that denim vests and skirts may be out the question.

"Workplace environments can vary by culture, but we always say it's better to be overdressed than underdressed, especially for job interviews."

More than a third of the businesses surveyed have sent an employee home because they were dressed inappropriately.

"If you're trying to turn a casual summer beach outfit into corporate wear, it just won't work," Harbridge said. REUTERS

With the increasing use of BlackBerrys to work remotely from home, many businesses may see their overtime funds dwindling away.

Legal spats may jump over hours

Should an employee get paid for reading a BlackBerry at the dinner table, sending an office e-mail or posting a job-related blog at home?

A spat at ABC News over paying writers to check their BlackBerries on their own time recently raised the issue, and such a dispute marks the leading edge of a deluge of unresolved and potentially heated cases to come, experts say.

The growing technical ability to work remotely, combined the growth of work-related legal disputes, is raising "lots of smaller-scope issues of this kind," said John Thompson, an expert in wage and hour law at Fisher & Phillips in Atlanta.

"We've never seen anything like it. Just the question of what is work and what isn't is a practically endless question," he said. "It is going to drive to the surface all kinds of issues that nobody's ever thought of before."

no sympathy

Productivity expert Laura Stack has no sympathy for the employee side of the argument: "Show me one employee who doesn't waste time at work," she said citing things like personal phone calls and socializing,

At ABC, under a long-standing contract waiver, writers who sporadically checked their BlackBerries after hours did not incur time-and-a-half overtime pay.

The union, the Writers Guild of America, East, challenged the waiver when three new writers were hired, and the company responded by taking away all writers' BlackBerries, ABC said.

The waiver was quickly reinstated, said Jeffrey Schneider, senior vice-president of ABC News.

"We're glad to be back to the status quo where people can still check their BlackBerries without incurring time-and-a-half overtime, which turns very quickly into a very big bill for a news division like ours," he said.

"We absolutely want to compensate people for overtime that they work, but that does not cover simply checking your e-mail," he added. "That would cover substantial work that gets done."

Simply checking a BlackBerry was not the union's concern, said Lowell Peterson, executive-director of the Writers Guild, East. "Our folks are professionals. They're not going to start putting in overtime slips for 2.1 minutes.

"Our concern is we don't want this to grow into a major work commitment that people don't get paid for," he said.

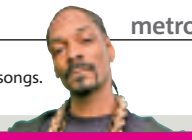
The issue is not tapping out a brief message on a BlackBerry; it's the ability to write articles, post blogs, draft documents, research the Internet or sign contracts, all on a tiny, mobile, handheld gadget, experts say. REUTERS

Now Training & Hiring for September
First Student Canada
SCHOOL BUS DRIVERS NEEDED
$400 + Hiring Incentives
613-234-2287
ottawa.recruiting@firstgroup.com
www.firststudentcanada.com

ATTENTION!!
AVG $21.25/hr
SUMMER OR PERMANENT WORK
Communication skills required
Must be able to work in a team
NO EXPERIENCE NECASSARY
TRAINING PROVIDED
TRAINING BONUS INCENTIVE
Summer students welcome
Scholarship incentive programs
Advancement opportunities!!
TO SCHEDULE AN INTERVIEW CALL:
613-216-7366
www.energysavings.com

TRAIN FOR AN EXCITING CAREER!
Career College Diplomas in:
• Personal Support Worker • Travel Counsellor • Paralegal
• Pharmacy Technician • Accounting & Payroll Administrator
• Medical Office Assistant (Incl. Dental)
NEW • Fitness & Health Promotion
CALL NOW! 613-722-7811
www.algonquinacademy.com
1644 Bank Street, behind Canadian Tire
Ottawa • Toronto
ALGONQUIN CAREERS ACADEMY

Snoop Dogg is reportedly reworking Johnny Cash's track I Walk The Line. Cash's son, John Carter Cash, is producing an covers album of his father's songs.
ANANOVA.COM



Entertainment

Pants-free

Former Spice Girl Victoria Beckham's plans to launch a men's line of her jeans collection have been put on hold after retailers were unwilling to stock it, The Daily Mail reports.

Substance behind wallpaper style

InteriorDivine

Last week, in our two part paint and paper guide, we covered paint so, by clever deduction, that means this week we're focussing on wallpaper. Constantly heralded as "on the way back," we're going to focus less on what's hot and what's not, and turn our attention instead to paper types.

Lining Paper:
Comes in several gauges, and is an effective way to even bumpy surfaces. The thicker the paper the more problems it will conceal. Designed to be painted or papered over with your final choice of finish.

Vinyl and vinyl backed:
Great for kitchens and bathrooms as both are washable and water-resistant.

Paintable plain wallpaper:
Comes in a variety of imprinted textures and, again, great for covering irregular walls. Can be painted to suit your scheme.

Foils:
These are available in a wide variety of choices (from retro to modern) and, due to their construction are often water resistant.

Flocked wallpaper:
While interesting, these are subject to fashion flux and also hard to clean. Good in low traffic areas where they'll attract less dust. We tend to limit applications to 'accent walls'. Tip: Pick out a background colour (or a softer tone thereof) for other walls.

Wood chip:
Torture to remove, so be warned! Dated and really only good to cover especially rough surfaces.

Relief:
Press printed with a raised pattern and available in loads of designs. Some have their own colour scheme while others are designed to be painted. Easy to hang and, like woodchip, will disguise surface imperfections due to "raised" nature.

Wallpaper is available in a multitude of looks and textures.

Colin & Justin's The Home Show airs Tuesdays at 9 p.m., Saturdays at 7 p.m. and Sundays at 2 p.m. ET on HGTV. www.hgtv.ca

top 10 wallpaper tips

1. Think twice and buy once! Head to your supplier and sign out pattern books to see how each paper looks.
2. Get tooled up! Assemble sharp scissors, plumb 'drop cord', a pasting table, a large brush and sponges to wipe down after each strip has been hung.
3. Small floral designs, from our experience, date more quickly so exercise caution when choosing.
4. Be careful with outsized designs and motifs — these are best in generous spaces. Bigger repeats can shrink smaller spaces.
5. Stripe strife! Many rooms aren't completely square, so striped paper may not line up with doors and trim. Use a spirit level to analyse your room and adjust paper accordingly.
6. For hallways and high traffic zones, opt for patterned washable wallpaper to disguise finger prints and scuffs.
7. Look for 'paste the wall' papers. As the name suggests, adhesive is applied directly to the wall as opposed to the paper. Cuts out lots of work!
8. While hanging, rub a lightly dampened sponge across paper to remove surplus adhesive that would otherwise detract from finished results.
9. To ensure you don't run out, overbuy and — with prior agreement — return unopened rolls.
10. Buy paper with the same 'batch number' to ensure shading is identical throughout your project.

IntelleVision

Will return

Box office

Following are the top 10 films at the North American box office for the weekend beginning July 11, according to studio estimates compiled by Reuters:

1. **Hellboy II: The Golden Army:** $35.9 million US
2. **Hancock:** $33.0 million
3. **Journey to the Center of the Earth:** $20.6 million
4. **WALL-E:** $18.5 million
5. **Wanted:** $11.6 million
6. **Get Smart:** $7.1 million
7. **Meet Dave:** $5.3 million
8. **Kung Fu Panda:** $4.3 million
9. **Kit Kittredge: An American Girl:** $2.4 million
10. **Indiana Jones and the Kingdom of the Crystal Skull:** $2.3 million

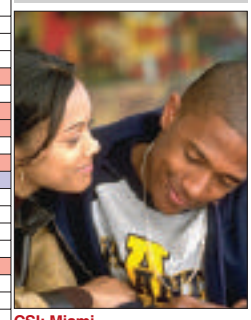
In brief

SEQUEL After months of talk, HBO has confirmed that a sequel to the Sex And The City movie is in the early stages of development. **EW.COM**

	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/14/08	265	353	2 TVO	Evacuation	The Museum	The Agenda With Steve Paikin		Midsomer Murders		Monarchy		Agenda-Paikin
	211	331	3 GTV	ET Canada	Entertainment	Bones (HDTV PA)		House "Ugly" (HDTV PA)		Risk Takers		News (N)
	-	-	5 SRC	Des squelettes	La Petite vie	Chère Betty (SC)		Bons baisers de France (SC)		Le Téléjournal (N) (SC)		TJ Ontario
	209	342	6 CHRO	Wheel-Fortune	Jeopardy! (N)	Big Bang Th	30 Rock	Two/Half Men	Big Bang Th	Comedy Now		News (N)
	196	311	7 CTV	eTalk	Degrassi: Next	Canadian Idol Top 10 perform. (Live)			Robson Arms	CSI: Miami "Kill Switch"		News (N)
	208	303	8 CBC	Coronation St.	Countdown to	How Do-Maria	City Chase (N)	The Border (DVS)		CBC News: The National		The Hour
	-	360	9 NBC	Wheel-Fortune	Jeopardy! (N)	American Gladiators (N)		Nashville Star (Live)		Dateline NBC (N)		News (N)
	117	713	10 TVA	Qui perd gagne (SC)		Laura Cadieux	Histoires-filles	Monk "Monk a un ami" (SC)		TVA 22 heures	Juste pour rire	Sucré-salé
	-	-	11 QS	Catherine (SC)	3 x rien (SC)	CSI: NY "Mise en boîte" (SC)		Faut le voir	Sexy Cam	Cent dix pour cent (SC)		Journal du soir
	137	763	12 TFO	Panorama été	Les Gens de...	Super plantes		La Voie lactée ★★★ (1969, Com. dramatique), Paul Frankeur				Folie-aventure
	-	362	13 CBS	Dr. Phil		Big Bang Th	How I Met	Two/Half Men	Big Bang Th	CSI: Miami "Kill Switch"		Two/Half Men
	216	395	14 OMN2	Law & Order: SVU		News (N)		News (N)		King	King	Writers in Exile
	214	344	15 CITY	American Gladiators (N)		The Bachelor (N)		Mole		The Mole (N)		News (N)
	115	343	16 CFMT	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18 CH	The Insider (N)	E! News	My Boys	How I Met	Nashville Star (Live)		X-Weighted "Naomi"		News (N)
	-	361	20 ABC	News (N)	Entertainment	The Bachelor (N)		Mole		The Mole (N)		News (N)
	512	396	24 CPAC	Tête-à-tête	Beyond Poli	À la une		Dossier public				À la une
	651	355	25 CTS	Full House	Facts of Life	Michael Coren Show		100 Huntley Street (N)		Life Today	This Is Day	John Hagee
	-	365	36 FOX	TMZ (N)	Seinfeld	Bones (HDTV PA)		House "Ugly" (HDTV PA)		News (N)		News
	-	-	64 PBS	Business Rpt.	Wings-Canada	Antiques Roadshow		History Detectives (N)		The War of the World (N)		Tavis Smiley
	205	312	104 CTV	Degrassi: Next	eTalk	Canadian Idol Top 10 perform. (Live)			Robson Arms	CSI: Miami "Kill Switch"		News (N)
news	502	390	26 NW	News (N)	Countdown to	The Hour		CBC News: The National		The Fastest Man		National
	500	500	33 CNN	Lou Dobbs Tonight		CNN Election Center		Larry King Live		Anderson Cooper 360 (HDTV)		
sports	406	417	27 net	Jays	MLB Connect	MLB Baseball 2008 State Farm Home Run Derby. (Live)						Sportsnet Con.
	126	730	28 RDI	RDI en direct	400 fois Qué	Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	400	280	30 TSN	Billiards 2007 Mosconi Cup.		PartyPoker.net Women's World Open				SportsCentre (HDTV) (Live)		
	410	403	52 SCR	RaceNight				(9:15) WWE Monday Night Raw				Stump-Schwab
	411	457	56 OLN	Departures		Cycling Tour de France Stage 10. From Pau to Hautacam, France. (N)						Departures
	417	406	59 SC	Pinks (HDTV)	Pass Time	This Week in NASCAR (N)		101 Cars-Drive	Car Crazy	Barrett-Jackson		Pinks (HDTV)
family	554	544	48 TEL	George-Jungle	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	Batman Beyond: Return of the Joker		
	557	540	51 FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	551	542	65 YTV	Malcolm-Mid.	Prank Patrol	King of the Camp (2008, Musical) Justin Stadnyk, Tom Knight.				Falcon Beach		Mystery Hnt.
	570	580	29 MM	mmmtop	NoseDive	Tip of Tongue	Tip of Tongue	Listed		I Know My Kid's a Star		Popaganda
cable variety	615	520	31 A&E	Intervention "Emily"		Intervention "Jason"		Intervention "Marie" (N)		Psychic Kids: Paranormal		Paranormal
	628	584	32 SPKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		MANswers
	521	560	34 TLC	Little People	Little People	Jon & Kate	Jon & Kate	Jon & Kate	Jon & Kate	Take Home Nanny "Tanjutcos"		Jon & Kate
	145	761	35 TV5	Toute une histoire		Palais d'Europe		Palais d'Eu	Cartes	Passez au vert	Ville	Journal TV5
	616	521	39 SHO	ReGenesis		Cold Squad		Trailer Park	Billable Hours	Damages (HDTV)		House
	620	523	40 BVO	Cirque du Soleil's Solstrom		Drumline ★★★ (2002, Comedy-Drama) Nick Cannon, Zoe Saldana.					Chimeras	Law & Order
	520	505	42 DIS	Daily Planet		MythBusters		Really Big Things		Dirty Jobs		Daily Planet
	575	583	43 CMT	Bon Jovi Unplugged on CMT		Bon Jovi: One on One		Reba	Hope & Faith	Home Improve.	Roseanne	Dedicated
	601	562	45 SLC	End of Leash	Til Debt-Part	End of Leash	Spoiled Rotten	Wedding SOS	Party Mamas	The Millionaire Matchmaker		End of Leash
	625	548	46 COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Jon Dore Show	Tom Green	Daily Show
	294	529	47 TBS	Family Guy	Family Guy	Friends	Friends	The Cookout ★ (2004, Comedy) Ja Rule.			Frasier	Seinfeld
	600	564	49 H&G	House Hunters	Property Virgin	Design U	Home to Stay	Property Virgin	House Hunters	Location, Location, Location		Holmes-Homes
	627	528	50 SPC	Stargate SG-1		Star Trek: Voyager		Taken "Acid Test" (Part 4 of 10) (DVS)				Stargate SG-1
	581	566	53 MTV	MTV e2	Cribs	4REAL	Next	Return to Fat Camp				MTV Live
	618	524	54 TROP	Deal or No Deal Canada		ET Canada	What Happen?	X-Weighted "Jill"		Are You Smarter		Deal-No Deal
	522	506	55 HIS	NCIS "Bikini Wax"		M.O.D. X-Files		Fire in the Sky ★★ (1993, Drama) D.B. Sweeney, Robert Patrick.				
	129	773	60 CD	Biographies (HDTV)		Hantise (HDTV)		Images-chocs		Escrocs		Docu-D
	261	394	61 V	Murder, She Wrote		Prime Minister	Wait for God	McLeod's Daughters (N)		Divine Restor.	Recreat. Eden	Doc
	602	567	62 W	Will & Grace	Friends	How Clean	House	Confidential	Divine Design	How Clean	Kim	House
	269	350	70 APTN	La piqure	Desti'Nations	Notre Peuple		Moccasin Flats: Redemption (2008, Drama)				Beyond Words
	621	527	71 TLK	Look-A-Like	Hollywood	TMZ (N)	eTalk	Scott Baio 46	Old Skool	The Tonight Show-Jay Leno		eTalk
	603	561	95 FN	Road Grill (N)	Licence to Grill	Restaurant Makeover		Good Eats	Perfection	Kitchen Nightmares		Restaurant

critics'corner

Drumline
Not just for former band geeks (you know who you are), this feel-good 2002 drama follows a gifted drummer (Nick Cannon) from Harlem who becomes a member of a college marching band. He must overcome his self-doubts to help the rest of his musical team succeed. Has someone been reading your yearbooks, band geeks? Orlando Jones, Zoe Saldana and Leonard Roberts also star. 8 PM on 40 BVO



CSI: Miami
This is why you should say no to drugs. A man suspected of carjacking turns up dead, and Horatio (David Caruso) and his team discover the dead man may have had ties to a powerful and dangerous drug lord involved in an offshore smuggling operation. Emily Procter, Adam Rodriguez, Khandi Alexander and Jonathan Togo also star in "Kill Switch." 10 PM on 13 CBS 7 CTV

Couplings The Rolling Stones' Ronnie Wood has reportedly run off with an 18-year-old cocktail waitress he met at an escort bar three months ago. Ekaterina Ivanova is said to be telling friends she is linked to the 61-year-old guitarist and falling in love. TMZ.COM

Celebrity Buzz

Jolie good: It's boy, girl

TWINS Brad Pitt was at Angelina Jolie's side as she gave birth to a son and daughter Saturday at La Fondation Lenval hospital in Nice, France, People has confirmed.

"The babies are doing well. The operation went just perfectly," Dr. Michael Sussmann told People on Sunday. "Angelina is in very good spirits. Brad Pitt was at her side. He was there and all was well."

Sussmann confirmed the Nice Matin newspaper report that Jolie gave birth to a boy, Knox Leon, and a girl, Vivienne Marcheline, by caesarean section on Saturday night. Knox weighed in 5.03 lbs, and Vivienne 5 lbs. Pitt never left Jolie's side — "he was my assistant!" Sussmann said jokingly — and even cut the babies' umbilical cords.

"He was ... perfectly calm, totally determined, very pleased to be at the birth of his children, very moved and very emotional," said Sussmann.

Asked whether the birth had been a textbook delivery, Sussmann replied, "absolutely no problems." The twins are the fifth and sixth children for Jolie, 33, and partner Brad Pitt, 44, who are already parents to Maddox, 6; Pax, 4; Zahara, 3; and Shiloh, 2. "The mother and father are very, very happy," Sussmann said.

He said that the caesarean was moved forward "for medical reasons" so that the babies could be born "in the best conditions." He also said Jolie is expected to stay in the hospital for a few days.

The actual arrival comes weeks after it was erroneously reported that Jolie and Pitt had welcomed twin girls, Isla Marcheline and Amélie Jane, named in honor of the A-listers' own parents (Jolie's late mother was named Marcheline; Pitt's is Jane).

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

T.O. reunion for A-Rod, daughter

VISIT Alex Rodriguez, who was in Toronto with the Yankees for a three-game weekend set against the Blue Jays, was reunited with his wife Cynthia (right) and his older daughter Natasha on Friday, where the trio dined at a downtown steakhouse. Last week, Cynthia Rodriguez filed for divorce amid rumours of an affair between Alex and Madonna. "Alex and Cynthia are going through really difficult times," A-Rod's attorney Alan Kluger tells Us magazine. "All of their decisions are going to be based upon what's in the best interest of their daughters."

A source told Usmagazine.com that the couple's other child, 11-week-old Ella, stayed home with an ear infection. "It's not a great idea for [Ella] to fly," says the source. "But the older daughter was in Toronto with him this weekend. She flew there with her mom." Cynthia Rodriguez told the New York Post Thursday that her family is "devastated" by their split.

METRO NEWS SERVICES

celebrity brief

Roberts to guest star on 24 alongside ex?

TELEVISION She left him at the altar in 1991 and took up with his best friend Jason Patric, but according to starmagazine.com, Julia Roberts is finally making it up to Kiefer Sutherland — by making a rare TV appearance on his hit show 24.

Amid rumours that this season may be superagent Jack Bauer's last, Sutherland wants to go out with a bang by nabbing big stars like Roberts, says an insider. The ex-lovers have remained in touch despite their history. Says the insider, "I wouldn't say they're BFFs, but they are friends."

METRO NEWS SERVICES

'I'm over it': Ifans on Sienna Miller

BREAKUP Actor Rhys Ifans is ready to move on with his life after splitting from Sienna Miller. He tells Britain's The People newspaper, "I've forgotten about Sienna, trust me. F**k Sienna, I'm over it. I'm having a great time. I won't be going for any more wrong 'uns (ones) though.

METRO NEWS SERVICES

Alba dishes about marriage, motherhood

MOTHERHOOD In the August U.K. edition of Cosmopolitan, Jessica Alba gets real about her pregnancy, admitting that she didn't exactly love the weight gain that came with it. "I never felt less sexy," Alba said. "I mean, I wouldn't have changed it for the world ... but I wanted to get rid of all the weight." Alba gave birth to daughter Honor Marie last month and opened up about her marriage to Cash Warren. "I never thought I'd find a man before 30, let alone marry him and have his baby," she said. "I love that he's not an actor. I'm too high-maintenance to be in a relationship with an actor."

METRO NEWS SERVICES

celebrity brief

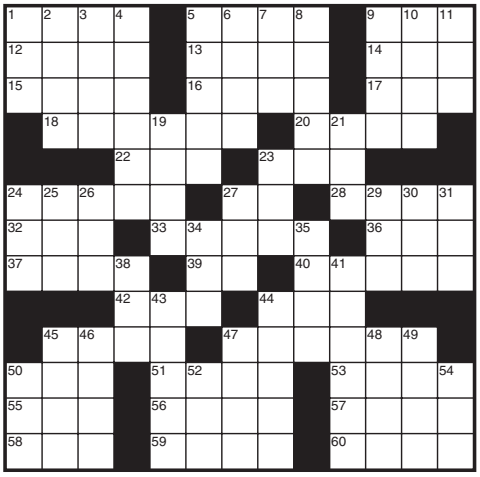
Keys frontrunner for Bond theme

SOUNDTRACK Alicia Keys is eyed as the frontrunner to sing the title track for the new James Bond movie Quantum of Solace. According to E! News, nothing's official yet, but a source says "I believe Alicia is the winner." The next 007 feature is headed for theatres in November.

METRO NEWS SERVICES

Generous Tipping Actor Martin Lawrence, right, left a $120 US tip at Musashi Japanese restaurant in Simi Valley, Calif., after dining there with two other guests and drawing a bill of $140. TMZ.COM

Take Five



Crossword across

1 Auction shout
5 Outfitted
9 You can — that again!
12 Kind of molding
13 Office assistant
14 Ostrich cousin
15 Spill the beans
16 Yield, as territory
17 Fine (hyph.)
18 Memorable times
20 Brunette
22 No, to a lassie
23 Lisper's problem
24 Bubbletops
27 Librarian's warning
28 Camel feature
32 Mouths, in zoology
33 Bank job
36 Ms. Farrow of films
37 Young horse
39 Chicago Cubs org.
40 Got the news
42 — take forever!
44 Jaunty cap
45 Marina sight
47 Pineapple source
50 Average
51 Four quarters
53 Run in neutral
55 "Exodus" hero
56 Roman poet
57 Sly glance
58 Trail behind
59 Not any
60 Get smart with

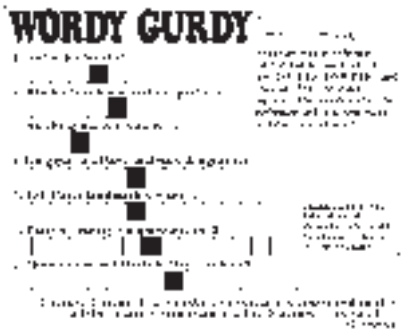
Crossword down

1 Express grief
2 Gawk at
3 Vault
4 Prepare fish, in a way
5 Secret store
6 Is situated
7 Do arithmetic
8 Legal papers
9 Char
10 Out of control
11 — it up (have some laughs)
19 Hard money
21 Pale blond
23 Codgers' queries
24 MD, familiarly
25 Incan treasure
26 "Bien" opposite
27 RSVP word
29 Emma in The Avengers
30 Old space station
31 Waterlily leaf
34 Draw to a close
35 Warm spell in winter
38 — Maria
41 PC messages (hyph.)
43 Author of The Other
44 Overdue
45 Ms. Teasdale
46 Stuffed shirt
47 All mammals have it
48 Game plan
49 Seine vistas
50 Friend
52 A Gabor sister
54 Pause fillers

950,000
Metro readers do it daily!
metro
Do it daily.
SOURCE: NADbank 2007, read yesterday; BASE: Montreal CMA, Ottawa-Gatineau CMA, Toronto CMA, Vancouver CMA

previous day's answer

G	E	M		V	A	T	S		R	I	C	K
I	V	Y		A	F	R	O		O	B	I	E
V	I	N		S	T	O	P		P	E	T	E
E	L	A	P	S	E	D		P	I	X	E	L
			E	A	R		B	O	N			
P	E	A	R	L		L	O	D	G	E	R	S
A	P	R			B	U	D			L	A	O
H	A	N	D	B	A	G		B	U	F	F	S
			Y	E	T		A	I	R			
T	B	O	N	E		E	X	C	L	A	I	M
R	E	B	A		E	L	I	E		B	O	A
I	T	E	M		S	L	O	P		I	T	S
M	A	Y	O		C	A	M	S		T	A	T



Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A fantasy about love will cause gloomy dreams. You'll be picking up the pieces after a magical experience. Someone is acting frenzied.

TAURUS
APRIL 21-MAY 21
As soon as you let go, plans will take shape. Political talk causes a quarrel. Someone makes a heartfelt confession.

GEMINI
MAY 22-JUNE 21
Use your mind to find independence. Weather conditions cause a conflict. A breathtaking lesson is learned.

CANCER
JUNE 22-JULY 22
A protester ridicules shrewdness. Be good-natured even with a grouch. You'll benefit from casting off your inhibitions.

LEO
JULY 23-AUG 23
Someone is pretending that all is well. You must ignore an appalling deed. A man comes in handy when a problem arises.

VIRGO
AUG 24-SEPT 22
Running wild dispels tedium. An elder makes accusations. Nobody wants to help out a sad person, except you.

LIBRA
SEPT 23-OCT 23
You'll find a pattern amidst chaos. You'll overhear someone's rowdy plans. There'll be dreams about wrongdoing.

SCORPIO
OCT 24- NOV 22
Ignore the failures of the past. Try harder to please yourself. Someone is playing around with double-talk.

SAGITTARIUS
NOV 23- DEC 21
A dreadful drama is discovered by a hypocrite. A conflict over a miscalculation ends well. Don't fret about a crook.

CAPRICORN
DEC 22-JAN 20
You can excite someone by making a call. The cause of a disturbance is exposed. Astonishing messages are due to arrive.

AQUARIUS
JAN 21-FEB 18
Everything will work out for the best. The good life will get better. You'll witness a quick withdrawal after an arrogant remark.

PISCES
FEB 19-MAR 20
Gossip comes and goes while meaning nothing. Stick to the facts just for a laugh. Prepare for work to compete with romance.

Managing an IT project is one thing.
Managing your IT career is another.
Taking your IT career to the next level isn't easy. At Manpower Professional, our technical recruiters understand your skills. Whether it's a permanent job or a contract, we'll help you manage your career.
416.225.5599
manpowerprofessional.ca
manpowerjobs.com
What do you do?
Manpower Professional

HAKIM OPTICAL
LOOK
2 Pair $199
Regular price $500. Including Single Vision and Regular Bifocals.
SMART
HAPPY
SEXY
SOFT
HARD
COOL
UPGRADES
Invisible Bifocals ONLY $90
Polarized Rx Sunglasses ONLY $75
See store for details.
We will beat any advertised price by 10%
Bring in any competitor's printed advertisement and we will beat the advertised price by 10%.
Over 130 Discount Outlets... 100 One Hour In-Store Labs
For nearest location call: 1-800-387-0791 • www.hakimoptical.ca

			8	9		1	7	6
				4			2	5
		9				4		
9			1				8	
		2				3		
	8				2			7
		7				5		
5	6			1				
4	1	8		2	3			

Sudoku

INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

3	1	9	5	6	7	2	8	4
5	4	2	8	9	3	7	1	6
7	6	8	4	1	2	5	9	3
1	8	3	7	4	6	9	2	5
2	9	5	3	8	1	6	4	7
4	7	6	9	2	5	8	3	1
6	3	1	2	7	9	4	5	8
8	2	7	1	5	4	3	6	9
9	5	4	6	3	8	1	7	2

SOLVE TIME IN MINUTES:
Under 13 . . . . . Genius
13-17 . . . . . Scholar
17-21 . . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practicing

Ottawa weather

Afternoon	Tonight	Tuesday	Wednesday	Thursday
40% Showers. 23°	Clear. 14°	Sunny. 23°/14°	Partly cloudy. 27°/18°	Cloudy. 21°/17°

The Weather Network theweathernetwork.com

Temperature
Normals
High: 26.8°
Low: 15.5°

Records
High: 35.3°/1995
Low: 8.9°/1950

Sunrise: 5:28 a.m.
Sunset: 8:48 p.m.
Moonset: 1:48 a.m.
Moonrise: 6:30 p.m.

©The Weather Network 2008

metro
ENTER FOR YOUR CHANCE TO
WIN A TRIP TO PUNTA CANA
VISIT metronews.ca
TO ENTER AND FOR CONTEST DETAILS
Sunquest
DOMINICAN REPUBLIC
PUNTA CANA / UVERO ALTO
Colony Bay Resort
www.gigliohotels.com
metro
Do it daily.
No purchase necessary. One entry per person. Contest open to Canadian residents of legal age. Contest closes July 25, 2008. Approximate retail value of grand prize is $3,800. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca